

## Stevia Powder & Liquid

Stevia is a sweet natural herb extract from the leaf of Stevia Rebaudiana that does not contain calories.



Stevia is many times sweeter than sucrose.

- Assists in maintaining a healthy digestive system. May nourish the pancreas and assist in maintaining a healthy pancreatic function.
- Can be used as a natural sweetener.
- Does NOT contain calories.

This herb has been used for hundreds of years in the diets of various cultures in South America and Asia and it is considered to be a safe and very beneficial herb. Stevia Drops also contain Chromium to help reduce sweet cravings.

## BroccoForte



The new hero for energy and vitality.

BroccoForte combines young broccoli sprouts with fibre rich, young wheat and barley sprouts harvested at their nutritional peak and combined with tomato powder rich in lycopene (Natural Veggie Blend) or natural antioxidant fruit flavours (Natural Fruit Blend) to create a great tasting nutritional supplement for the whole family.

BroccoForte blends are a natural concentrated source of vitamins, minerals and antioxidants. Young broccoli sprouts contain the highest amount of glucosinolates, known as indirect antioxidants which stimulate the body's own antioxidant system. Broccoli sprouts are one of the most researched superfoods in the world. Studies show they may help and protect our body from the many injurious toxins of modern day living by helping to bind these toxins and/or support their elimination from the body.

## Natural Whey Drink - Wonder Whey

Natural Whey Drink is a protein and energy booster and is often recommended as a part of a mucous free diet.



Natural Whey Drink is high in easily digested protein (especially branch chain amino acids), energy giving nutrients, medium chain triglycerides, soluble fibre and mineral electrolytes. The natural vegetable gums help sustain the release and assimilation of

the carbohydrates to balance energy. It is well suited to those with some degree of milk intolerance or who need to reduce the burden of mucous-forming products in their diet. Made from a special blend of whey solids, corn dextrose, coconut oil, natural gums, plus added vitamin and minerals.

Natural Whey Drink is high in calcium and potassium - 200g powder (which makes 2 litres of beverage) provides up to 200% of what is needed daily for active people. Potassium is necessary for healthy muscle and nerves, a very important nutrient for those engaged in sport and affected by extremes of heat and loss of perspiration. It's a Natural Whey Drink for the whole family.

Sprinkle on cereals, use it when baking breads and cakes or make tasty dips, soups and gravy. Delicious in drinks such as chai tea, hot chocolate and coffee. Even nice on its own, hot or cold.



## Tangy Vitamin C Hesperidin & Mineral Powder

Free of yeast, salt, corn products, wheat products (gluten), artificial flavouring, sucrose and lactose.



People all over the world take Vitamin C for good health, well being and especially to help detoxification and prevent illness.

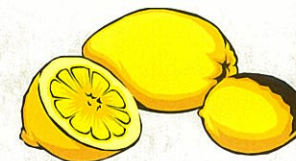
This formula is an excellent antioxidant supplement.

Vitamin C can assist cell repair and collagen production. Ideal for health maintenance for people of all ages.

Vitamin supplementation can only be of assistance if the dietary vitamin intake is inadequate.

Many say this is the best tasting, most refreshing, high potency Vitamin C powder on the Australian market. It comes highly recommended by many Naturopaths because it is much more than a Vitamin C powder.

Each 2 gram (1/2 teaspoon) contains approx.: Ascorbic acid 800mg, Calcium ascorbate 200mg, Hesperidin 190mg, Calcium phosphate 100mg, Magnesium phosphate 190mg, Zinc sulfate monohydrate 2.9mg. Natural Lemon flavour.



## Stamina Blend & Joint Food

Formulated to improve endurance, enhance repair of joints and muscles and reduce stiffness associated with intensive training.

This great New Sports Food Product has been formulated by a naturopath who has worked in the sports field of nutrition for 25 years, lecturing to athletes, active people and body builders.

Humans in intensive training need to have a totally natural, drug-free product such as Super Stamina Blend & Joint Food which has the energising and stress protective benefits of super foods and adaptogenic herbs. This product also has the extra nutrition and botanical ingredients to help assist the metabolism of lactic acid and help disperse the extra waste metabolites generated in the joints and soft tissue during intensive training, and helping to prevent joint and muscle stiffness.

This product has been formulated to help lift endurance. Super Stamina Blend & Joint Food contains a bonus natural biochemical fuel, by way of methyl donors rarely found in other products. Methyl donors enhance oxygen transport. This product doesn't just have a few ingredients waved over the bottle, all the correct amounts of nutrients, herbs and biochemics are there to produce a very positive effect. It is recommended to use daily for 21 days prior to competition and 1/2 doses in non-competition times.

Users of our product say the taste is remarkably good for a supergreen product and is really great when mixed with a juice or one of the following WonderFoods products: Natural Whey Drink or Tangy Vitamin C plus Hesperidin and Minerals.

## Beet - A - Greens

The most advanced supercharged super food! 100% Vegan Formula.

WonderFoods Beet-A-Greens is a rich blend of super food and nutrient concentrates for vital energy and well-being. Containing such products as green barley, carob, rice bran, soy proteins, spirulina, a blend of herbal powders, MSM, DMG and other natural products, Beet-A-Greens has been designed to assist the energy process.

It provides the building blocks to assist vital health, tissue repair, pH balance and may help support detoxification. Gently soothing and satisfying. You may sometimes need to skip an odd meal, but no need to skip your Beet-A-Greens.

The ingredients used in the production of Beet-A-Greens are of the highest quality and free from any animal, wheat, dairy, or yeast products.

Ingredients: Organic green barley, Carob, Rice bran, Soy protein, Beetroot, 98% Lecithin, Oligofructose, Psyllium husks, Spirulina, Calcium ascorbate, Maca root, Yucca root, Fructose, Methylsulphonylmethane (MSM), Licorice root, Hesperidin, Magnesium citrate, Siberian ginseng, Banana powder, L-Glutamine, DiMethylGlycine(DMG), Quercitin, Slippery Elm Bark, Nettle leaf, Tienchi ginseng root, Chrysanthemum leaf, Brahmi leaf, Horsetail leaf, Aloe vera, Natural vanilla.

**Local Stockist:**

# WONDER FOODS

Energy Foods • Vital Nutrients • Milk Alternatives



*Everyday Australians have come to rely on WonderFoods for quality and value for over 20 years*



**NATURE, WORKING WONDERS**